

Inaura School

PSHE / RSHE Teacher– Job Description

Role Purpose

The PSHE/RSHE Teacher plays a central role in delivering Inaura’s relational, trauma-informed approach to personal development. The postholder will design and deliver a spiral, adaptive curriculum that supports students with Social, Emotional and Mental Health (SEMH) needs to feel safe, valued and able to thrive. They will champion emotional safety, belonging and positive identity development, ensuring every student can achieve success socially, emotionally and academically.

Key Responsibilities

Curriculum Design & Development

- Lead the design, review and ongoing development of the PSHE/RSHE curriculum in line with statutory guidance, including the 2025/26 updates.
- Create schemes of work that reflect spiral learning, trauma-informed practice and SEMH-sensitive pedagogy.
- Write and update policies related to PSHE, RSHE, safeguarding and personal development.
- Ensure curriculum content aligns with Inaura’s *Personal Development & Wellbeing Curriculum* and *Safeguarding, SMSC and British Values Curriculum*.

Teaching & Learning

- Plan and deliver 1:1 sessions and small-group lessons that are visual, practical, discussion-based and emotionally safe.
- Adapt lessons to students’ emotional readiness, communication needs and learning profiles.
- Use trauma-informed strategies, predictable routines and relational practice to support regulation and engagement.
- Embed cross-curricular links (e.g., Science, ASDAN, Thrive, Personal Development).
- Contribute to whole-school Personal Development themes, Enrichment Days and Curious Question discussions.

Assessment & Progress

- Use formative, supportive assessment approaches including student voice, scenario-based tasks, observation and personal development milestones.
- Celebrate progress in confidence, communication, emotional literacy and healthy decision-making.
- Maintain high-quality records of learning, progress and engagement.

Safeguarding & Relational Practice

- Build strong, trusting relationships with students grounded in empathy, consistency and respect.
- Work closely with the DSL and wider safeguarding team to identify concerns, respond appropriately and contribute to early help and intervention planning.
- Model and promote respectful, positive relationships and inclusive practice.

Collaboration & Professional Development

- Work collaboratively with teachers, therapists, pastoral staff and external agencies.
- Contribute to targeted interventions and personalised support plans.
- Engage in ongoing CPD related to SEMH, trauma-informed practice, RSHE updates and relational pedagogy.
- Participate in reflective practice, supervision and team learning.